

Minutes : PSAC-NCR Education Committee

April 19, 2016

In attendance:

Ken Zarichansky UPCE

Anna Bogdan UNE

Behiye Cinkilic UNE

Richard Weintrager UTE

Greg McGillis GSU

Ashley Cederwall UNE

Chantal Fortin USGE

Louise Blouin UNE

Diane Girouard NHU

Staff Resource:

Johanne Labine

Guests:

Imre Bene, Co-chair, NCR Health and Safety Committee

Regrets:

Isabelle Crisafi CEIU

Sara Cousins UTE

| Item | Discussion | Decision | Follow-up |
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| 1. Agenda | Adopted | | |
| 2. Minutes of Previous meeting | <ul style="list-style-type: none"> NCR Education Recruitment is not ready for discussion as we do not have data available at this time. The reading circle is an agenda at the next NCR Council meeting. | | |
| 3. Bullying education al | <ul style="list-style-type: none"> There is an increase in workplace bullying. Although bullying is a form of harassment, many members may not realize this. | One-day event over a Saturday | Johanne to propose a education |

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| | <ul style="list-style-type: none"> • Holding an educational workshop on bullying might attract a broader range of members. • We have course materials on bullying and we could include an element of facing management about bullying in the course design. • Committee members agreed to start the Fall schedule with a one-day course on bullying over a Saturday. The first part of the course (3 hours) could be for all members who want to learn more about bullying and ways of responding. Then the last part of the course (after lunch) could be for stewards who have to represent members who are being bullied. We could explore inviting PIPSC & CAPE to join us. • Suggestion that a reference group be struck to move forward | with the first part for all members and the second part for stewards. | schedule change to specifically focus on bullying |
| 4. Mental health first aid training | <ul style="list-style-type: none"> • Behiye relayed a request from the H&S Committee that the NCR Education Program invite the Canadian Mental Health Commission to offer their mental health first aid course to NCR members. Given the large expense this represents (from \$10,000 to \$27,000) other options were explored. The following points were noted: • The JLP already has a mental health first aid course but not all PSAC NCR workplaces are covered by the JLP. • Mental Health is the theme of the upcoming PSAC-NCR H&S Conference. • The NCR Education program has previously offered mental health courses. It would be doable to strengthen concepts on de-escalation, to examine mental health | The basic course does cover triggers and methods of de-escalation and should be our focus | Consider dedicating an offering of mental health first aid first in winter 2017 Johanne will follow up with Élisabeth to |

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| | <p>triggers and to focus on how stewards can refer members who are in mental health crisis to appropriate resources.</p> <ul style="list-style-type: none"> • Imre shared that it might be useful to survey H&S Conference participants on their learning needs with respect to mental health first aid. • It was noted that stewards may provide assistance to members but that the overall responsibility on these workplace matters rests with employers. • It might be possible to have a staff member attend the Canadian Mental Health Commission Training the trainer program with a view of adapting current PSAC NCR materials. | | <p>request that a staff member attend the Train the trainer program.</p> |
| <p>5. Spring schedule</p> | <ul style="list-style-type: none"> • The draft spring schedule was discussed and adopted. | | <p>Johanne to have schedule completed and posted.</p> |
| <p>6. CAPE-PSAC learning series</p> | <ul style="list-style-type: none"> • Greg McGillis and Ashley Cederwall met with the CAPE Executive Officer Neil Burron to talk about the upcoming Re-ignite learning series • Greg and Ashley have committed to reporting back to the committee on any learning events and also keep us updated as we move along. • CAPE is attempting to grow their education capacity and run activities and courses like we do. • The following motion was presented, seconded and adopted: to earmark \$1000 from the education committee budget and \$2000 from the NCR education | | |

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| | <p>program budget to the CAPE/PSAC Learning Series “re-ignite”. This money is to be allocated to ensure maximum benefit for PSAC members. To be evaluated at the end of the 2016 calendar year.</p> <ul style="list-style-type: none"> • Moved by Louise Blouin • Seconded by Richard Weintrager • Vote: Unanimous | | |
| 7. PSAC-NCR reading circle | <ul style="list-style-type: none"> • Ashley Cederwall will be giving a presentation at the upcoming NCR AGM on the reading circle. • The idea is to officially launch the reading circle at the AGM • Ashley is reaching out to the Communications and the Young Workers Committees for support and assistance. • Ashley will announce the first activity and book and will consult the NCR Education Committee for book ideas. | | |