

Report for PSAC NCR Members with Disabilities Action Committee -- You can do it!

Dear PSAC NCR Regional Council Members,

At the end of April 2013, the PSAC NCR Regional Council Executive met. We were joined by PSAC National President, Robyn Benson and National Vice-President Chris Aylward, who briefed us in the “We are all affected campaign”. To re-invigorate our union, we agreed to “join the conversation and be an active participant in the fight of our lives.

The PSAC NCR Members with Disabilities Action Committee celebrated Mayday, May 1, 2013 at the J.K. Wyllie Boardroom, with toe tapping music provided by Celtic Sea. In the late 1800s, Unions in North America adopted May 1st, as a day to commemorate the working people’s struggle, to win the eight hour day. During the celebration, our PSAC NCR REVP, Mr. Larry Rousseau, led us in singing union songs with the audience (from a variety of components, locals, separate employers and directly chartered locals). In sponsoring, the social event, Mr. Larry Rousseau set us to dance to the tunes of the Gay Gordons, and other celtic set dances to celebrate this historical festival of Labour, under our PSAC National Headquarters roof. Throughout the City of Ottawa, there were a variety of events, with other rallies, including an exercise in locomotion of people in a lined parade dancing.

In between events, Members of our MDAC Committee, headed by Brother Peter Hyduk and his wife Cindy, visited our dear Sister Patricia McGrath in hospital to bring her our personal best wishes

and social support. Brother Peter provided us with Sister Patricia's progress reports following a workplace injury. With our prayers of special intentions for Sister Patricia, she is back to being her feisty self again. We look forward to the postings of the daily milestones accomplished. To help her in recovering, the hospital visitations were well orchestrated, to allow her distant family members (brother in Toronto) time with her. To all Members of our MDAC Committee, I am grateful for your assistance, as I am unable to visit her, except through prayerful intercessions. For the special intentions of Sister Patricia McGrath, there is an announced Mass offered, at St. Patrick's Basilica, corner of Kent and Nepean Streets, on Friday, June 14, 2013 at 12:15.

As a Member of the Ottawa Regional Women's Committee, I attended the PSAC NCR Regional Women's Committee Conference in Gatineau at Lac Leamy. As usual, I tried to offer environmentally friendly product donations for our special needs people in the community, so that they will be assisted in their recovery from hardship – to always have sufficiency in everything. Through restoration, a simple commitment to provide them with personal care products assists them with renewed hopes to protect their health.

On good advice from a friend, I offered some Tim Horton's coffee, tea, herbal tea and chocolate milk for the residents and children living at the Gatineau women's shelter. A measure of Joy helps people recover from any adverse situation by helping them stabilize from any unsettling disaster. The daunting expectation of completing all tasks associated with the "living wall of abounding grace" so that we may have an abundance of grace for every good deed, can be fulfilled with Sister Robyn Benson's message of "You can do it, Sisters! Join us in the conversation.

Respectfully submitted,

Claudette F. Guibord (Miss)

Chair of PSAC NCR MDAC

May 14, 2013